

Rashtriya Poshan Maah Celebration at Navayuga Radiance Senior Secondary School

‘Rashtriya Poshan Abhiyan’ launched by the Hon’ble Prime Minister of India, is being forwarded to schools under the aegis of CBSE.

The programme strives to reduce the level of stunting, undernutrition, anemia in adolescent girls.

NRSSS celebrated the programme by organizing online assemblies with students and meetings with parents. Teachers interacted with parents and made them aware regarding nutrition, balanced diet, and eating healthy food including mental health and how to tackle it. Visual aids used by teachers included charts, presentation.

It was celebrated for all classes i.e. nursery to class XII.

Some students also delivered speeches on ‘balanced diet and its advantages’ with fruits and vegetables display. The enthusiastic participation of parents and students was praiseworthy.